

Hyrum Benson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:37.82	2:52.32	28.19	1:14.79	1:04.55	7:06.24	1:25.58	1:27.64
2024-2025 Best Times		2:22.43	2:32.97	27.08	1:09.42	1:02.59	6:43.92	1:11.19	1:22.52
2526 Box Elder Invite	11-01-2025	2:10.77			1:01.38				
2025 Nebo Invitational	11-08-2025		2:26.11					1:09.49	
2526 Bear River and Bo	11-17-2025			25.86		58.14	5:55.30		
2025 Thanksgiving Invi	11-21-2025				1:01.64				1:15.75
2526 Alta vs. Box Elde	12-09-2025				1:01.88			1:11.43	
Silver Rush Invite	12-12-2025				1:00.09				1:16.90
Box Elder @ Sky View	12-16-2025	2:11.49				59.11			
SHS Holiday Invite	12-20-2025				1:00.64	58.33			
Quad Meet 8Jan2026 - c	01-08-2026		2:23.24		1:00.89				
2526 Weber and Springv	01-13-2026			25.48	1:01.10	57.72			
Box Elder, Bonneville	01-15-2026	2:10.95						1:10.66	
2526 Westfield and Roy	01-22-2026						5:45.77		1:18.11
2526 Clearfield and No	01-29-2026			25.33	1:00.58				
Region 5 Championships	02-06-2026	2:06.37			59.53				

2022-2023 2023-2024 2024-2025 2025-2026

