

Remington Armstrong

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
2526 Box Elder Invite	11-01-2025			32.42		1:16.86			
2025 Nebo Invitational	11-08-2025	2:49.56						1:24.64	
2526 Bear River and Bo	11-17-2025		3:07.23		1:42.90				
2025 Thanksgiving Invi	11-21-2025			32.00					1:34.27
2526 Alta vs. Box Elde	12-09-2025		2:58.58				7:31.88		
Silver Rush Invite	12-12-2025					1:16.93			1:33.34
SHS Holiday Invite	12-20-2025			32.47		1:16.21			
Quad Meet 8Jan2026 - c	01-08-2026				1:30.62			1:24.20	
2526 Weber and Springv	01-13-2026								1:33.72
Box Elder, Bonneville	01-15-2026					1:15.38			1:31.59
2526 Westfield and Roy	01-22-2026			31.74				1:22.07	
2526 Clearfield and No	01-29-2026		2:55.01						
Region 5 Championships	02-06-2026					1:09.82			1:31.73

2022-2023 2023-2024 2024-2025 2025-2026

