

Helen Wilson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
WoodsCross vs Skyline	10-31-2025			31.11		1:09.86			
Wasatch Kickoff Invite	11-08-2025			32.25		1:12.59			
Juan Diego @ Skyline	11-11-2025			31.76		1:10.19			
Alta @ Skyline	11-20-2025			32.00		1:11.82			
Timpview @ Skyline	11-25-2025			31.86		1:13.59			
Viewmont @ Skyline	12-12-2025			31.69		1:11.97			
2025 Granite District	12-18-2025			31.26		1:12.73			
Bountiful @ Skyline	12-19-2025			31.91		1:12.95			
Park City @ Skyline	01-20-2026			31.89		1:12.30			
Region 6 Championships	02-07-2026			31.84		1:11.17			

2022-2023 2023-2024 2024-2025 2025-2026

