

Tracie Valadez

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:38.91	2:57.71	29.57	1:28.29	1:09.46	7:38.10	1:24.60	1:33.50
2023-2024 Best Times		2:38.54	2:49.61	29.10	1:16.41	1:05.41	7:30.28	1:12.62	1:28.22
2024-2025 Best Times		2:25.67	2:39.67	28.20	1:09.32	1:03.52	6:47.70	1:12.01	1:24.24
Region 8 Opener 25	11-01-2025		2:38.69	28.75				1:11.61	
Richard Coston Invitat	11-07-2025	2:25.12			1:10.81	1:05.70			
Emery & Uintah @ Union	11-12-2025					1:01.30			1:20.71
Mountain View @ Uintah	11-17-2025			28.97	1:09.65				
Provo vs. Mountain Vie	11-24-2025		2:36.60			1:02.95	6:57.34		
Quad at Timpanogos	12-04-2025	2:24.68						1:09.08	
Emery, Uintah @ Carbon	12-10-2025			29.42			6:58.04		1:24.02
THS Mel Roberts Invita	12-19-2025				1:10.35	1:02.26			
Orem and Union @ Uinta	01-09-2026			27.52		1:01.79			
Swimvitational 26	01-17-2026			29.30		1:02.07		1:10.78	
Tooele @ Uintah Jan 20	01-23-2026				1:10.11	1:05.97		1:13.31	
Region 8 Championships	01-30-2026			27.24		1:02.02			
4A Utah High School St	02-13-2026			28.10	1:08.76			1:09.13	

2022-2023 2023-2024 2024-2025 2025-2026

