

Nora Hermanson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		3:13.90		33.71		1:19.32			
Hillcrest @ West 11-18	11-18-2025			35.21				1:51.51	
Hillcrest vs Cyprus	11-20-2025					1:22.80			
Weber, Hillcrest @ Fre	11-25-2025			34.26					
Taylorsville & Hillcr	12-04-2025			34.10		1:20.22			
Hillcrest vs West Fiel	12-09-2025			34.77					
Canyons District Champ	12-16-2025	2:59.51				1:19.43			
Hillcrest at West Jord	01-08-2026			33.20		1:17.25			
East St Geroge Senior	01-15-2026			32.83		1:15.66			
Hillcrest vs Clearfiel	01-20-2026			31.76		1:13.66			
Hillcrest @ Granger 1.	01-22-2026			32.16		1:16.33			
HILL @ HHS	01-26-2026			33.39		1:18.94			

2022-2023 2023-2024 2024-2025 2025-2026

