

Lauren Betts

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times   |            |          |          |         |         |          |          |          |            |
| 2023-2024 Best Times   |            |          |          |         |         |          |          |          |            |
| 2024-2025 Best Times   |            |          |          | 35.73   |         | 1:24.49  |          |          |            |
| WX, BHS, Olympus       | 11-14-2025 |          |          | 36.37   |         |          |          |          |            |
| WX v Weber             | 12-19-2025 |          |          | 36.14   |         | 1:21.60  |          |          |            |
| 2025 Davis District    | 12-20-2025 |          |          | 36.82   |         | 1:19.98  |          |          |            |
| Region 6 Championships | 02-07-2026 |          |          | 33.32   |         | 1:15.99  |          |          |            |

2022-2023 2023-2024 2024-2025 2025-2026

