

Enoch Grow

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:12.17	2:55.69	29.38	1:26.20	1:05.93	5:47.09	1:25.63	1:58.90
Highland@Jordan	11-14-2025	2:06.92					5:40.76		
Jordan @ Pc 25-26	11-20-2025			27.40			5:35.33		
Quad at Timpanogos	12-04-2025	2:04.83					5:33.99		
Silver Rush Invite	12-12-2025	2:05.07					5:39.56		
Canyons District Champ	12-16-2025	2:11.85					5:43.29		
Juan Diego @ Jordan	01-09-2026	2:07.12		28.31			5:45.11		
Jordan @ Murray	01-15-2026	2:11.19					5:48.73		
Cottonwood-v-Jordan	01-22-2026	2:11.63				1:01.57			
Region 10 Championship	01-31-2026	2:06.83					5:39.85		
4A Utah High School St	02-13-2026						5:31.82		

2022-2023 2023-2024 2024-2025 2025-2026

