

Lauren Christensen

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:28.88	2:47.62	28.71		1:06.25	6:15.78	1:17.41	1:24.35
Pre-Region Meet - copi	11-01-2025			29.39					1:21.98
MMHS vs PHS vs SHHS	11-13-2025				1:19.47			1:15.21	
CDRV v MM v SPRV - cop	11-22-2025	2:27.21					6:27.08		
PHS v SHS, Union and M	12-11-2025		2:40.98					1:12.96	
SHS Holiday Invite	12-20-2025			28.96			6:30.78		
Salem Hills vs Springv	01-08-2026		2:41.05			1:04.68			
Cedar Jan Senior Meet	01-16-2026			29.02					1:18.76
Salem Hills vs Maple	01-22-2026	2:25.36							1:19.81
Region 7 Swim Champion	02-07-2026								1:21.00
5A Utah High School St	02-20-2026			27.96					1:18.69

2022-2023 2023-2024 2024-2025 2025-2026

