

Tiffanie J Palmer

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:11.52	2:21.58	27.14	1:04.40	1:02.28	6:00.16	1:08.48	1:19.06
2023-2024 Best Times		2:15.72	2:20.58	26.78	1:03.03	1:01.55	6:14.07	1:07.37	1:19.92
2024-2025 Best Times		2:08.47	2:16.18	27.43	1:05.60	57.10	5:52.14	1:03.40	1:23.23
Pirate Pentathlon	11-01-2025					1:01.94		1:07.42	
Greg Fernley Invite 20	11-07-2025		2:25.78					1:07.99	
West Jordan & Stansbur	11-13-2025		2:34.44						1:18.13
Hillcrest vs Cyprus	11-20-2025		2:30.39					1:10.26	
West & Clearfield at C	12-04-2025		2:27.89				6:07.55		
Cyprus @ Tooele	12-09-2025	2:22.21				1:04.15			
Kearns at Cyprus	12-11-2025		2:29.44					1:06.23	
2025 Granite District	12-18-2025		2:20.59					1:04.03	
Cyprus vs Hunter	01-08-2026			28.03		1:04.95			
Mountain Ridge at Cypr	01-14-2026		2:30.03					1:07.94	
Taylorsville HS vs. Cy	01-15-2026		2:33.18						1:20.09
Granger at Cyprus	01-29-2026		2:29.35	27.45				1:09.53	
Region 4 Championships	02-06-2026		2:20.11					1:03.26	
5A Utah High School St	02-20-2026		2:17.69					1:02.55	

2022-2023 2023-2024 2024-2025 2025-2026

