

Daniel Emmett

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:02.83	2:33.22	26.67		59.39	5:34.93	1:13.03	
2023-2024 Best Times		1:56.36	2:24.45	25.40		53.28	5:18.18		
2024-2025 Best Times		1:55.81		25.55	1:04.58	52.81	5:21.35		1:21.91
Pirate Pentathlon	11-01-2025				1:02.47				
2025 Kearns Relay Meet	11-05-2025	2:06.12							
Hillcrest @ West 11-18	11-18-2025	2:04.26				57.98	5:56.02		
Hillcrest vs Cyprus	11-20-2025			24.42	1:01.11	55.10			
Hillcrest vs West Fiel	12-09-2025	2:04.30		26.39					
Canyons District Champ	12-16-2025	2:01.57					5:47.79		
Hillcrest at West Jord	01-08-2026	2:03.68			1:03.41				
Hillcrest vs Mountain	01-13-2026	2:04.18		25.16	1:03.96				
East St Geroge Senior	01-15-2026			24.95		55.02			
Hillcrest vs Clearfiel	01-20-2026	2:03.64				57.02			
Hillcrest @ Granger 1.	01-22-2026	2:03.88				56.45			
HILL @ HHS	01-26-2026	2:04.42		24.36	1:05.64				
Region 4 Championships	02-06-2026	1:57.73		24.09	58.37				
5A Utah High School St	02-20-2026	1:58.44		23.97		52.60			

2022-2023 2023-2024 2024-2025 2025-2026

