

Grace Self

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		3:10.29	3:30.35	38.81	1:41.84	1:25.04		1:41.43	1:55.80
Region 8 Opener 25	11-01-2025				1:44.34			1:34.22	
Volunteers Meet 25	11-12-2025			35.64					
Rowland Hall, Maeser @	12-04-2025		3:34.55				8:39.35		
Jingle Bell Splash - c	12-11-2025								1:51.23
TV, SF, Maeser@MVHS	12-17-2025				1:51.00			1:28.85	
SHS Holiday Invite	12-20-2025		3:29.53			1:20.02			
Delta & Maeser @ Milla	01-09-2026	3:01.16		35.80					
PROVO VS SPANISH FORK	01-10-2026				1:42.75	1:28.20		1:30.07	
2A Northern Region 202	01-29-2026				1:40.64			1:26.79	
2A Utah High School St	02-12-2026				1:38.98			1:27.56	

2022-2023 2023-2024 2024-2025 2025-2026

