

Elizabeth Williams

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times | | | | | | | | | |
| 2023-2024 Best Times | | | | | | | | | |
| 2024-2025 Best Times | | | | | | | | | |
| 2526 Bear River and Bo | 11-17-2025 | | | 50.40 | | | | | |
| 2025 Thanksgiving Invi | 11-21-2025 | | | 49.41 | | | | | |
| Bonneville, Roy, Vangu | 12-02-2025 | | | 47.30 | | 1:48.73 | | | |
| Bonn, Roy, SJ @ Ogden | 12-09-2025 | | | 48.24 | | | | | |
| Bonneville & Clearfiel | 01-08-2026 | | | 43.90 | | 1:45.23 | | | |
| Box Elder, Bonneville | 01-15-2026 | | | 45.15 | | 1:41.42 | | | |
| WHS, BHS, NHS @ Layton | 01-22-2026 | | | 44.51 | | 1:39.03 | | | |
| Roy vs. Bonneville Sen | 01-29-2026 | 3:35.97 | | 44.89 | | | | | |
| Region 5 Championships | 02-06-2026 | | | 44.55 | | 1:36.22 | | | |

2022-2023 2023-2024 2024-2025 2025-2026

