

# Eliza Whiting

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:53.12	2:56.75	33.02	1:29.81	1:10.32	7:19.08	1:20.10	1:31.99
Emery & Uintah @ Union	11-12-2025		2:58.37	32.99				1:23.35	
OHS, SJ, Union @ BLHS	11-18-2025				1:28.16				1:32.98
winter sun fri @grand	12-05-2025	2:40.29				1:13.11			
winter sun sat @grand	12-06-2025		3:01.71					1:20.68	
PHS v SHS, Union and M	12-11-2025				1:31.70		7:20.77		
Union, Carbon@ EHS	12-12-2025				1:30.51			1:20.16	
Morgan @ Union	01-07-2026				1:30.84				1:33.36
Orem and Union @ Uinta	01-09-2026		2:55.87					1:20.91	
Union @ SS	01-13-2026		2:58.98					1:21.67	
Union & South Summit v	01-22-2026				1:26.08				1:34.05
Last Chance Invitation	01-24-2026				1:25.77			1:19.43	
Region 13 Championship	01-30-2026				1:26.57				1:32.53
3A Utah High School St	02-13-2026	2:29.66			1:21.61				

2022-2023 2023-2024 2024-2025 2025-2026

