

Jeremy Ashton

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times				29.43		1:07.53			
2024-2025 Best Times				28.05		1:05.75			
MMHS vs PHS vs SHHS	11-13-2025	2:41.39							1:35.73
2025 Thanksgiving Invi	11-21-2025					1:08.26		1:30.11	
2025 CV Invite	12-05-2025	2:43.92		29.42					
SHS Holiday Invite	12-20-2025			28.93		1:06.73			
Salem Hills vs SF, PG	01-15-2026			28.07					1:31.62
Salem Hills vs Maple	01-22-2026			28.05		1:04.37			
Region 7 Swim Champion	02-07-2026			28.51		1:04.23			

2022-2023 2023-2024 2024-2025 2025-2026

