

# Emmett Stirling

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times			2:14.64	25.40	57.97	55.65		1:01.24	1:11.45
2024-2025 Best Times		2:02.10	2:10.82	25.02	54.37	54.51	5:34.09	56.59	
Olympus v. Wasatch 25	11-11-2025				56.51			1:00.30	
Pre-Region 3 Invite	11-20-2025				56.16	53.91		58.72	
2025 Thanksgiving Invi	11-21-2025		2:10.53	24.92		54.13			
Wasatch Winter Invite	12-12-2025				55.39			57.80	
Red Rock Sprint Meet	01-09-2026			24.77		51.96			
Red Rock Invite	01-10-2026				55.27			57.57	
Morgan v. Wasatch 26	01-13-2026			24.72			5:30.50		
Union & South Summit v	01-22-2026	1:56.68							1:08.44
Region 3 Championship	01-31-2026				54.70			56.46	
6A Utah High School St	02-20-2026				52.93			54.75	

2022-2023 2023-2024 2024-2025 2025-2026

