

# Lou Mastrocco

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Judge + Vanguard + Rol	11-07-2025		2:33.68		1:12.23				
Cottonwood-v-Judge	11-13-2025	2:19.44						1:13.16	
HHS V JUDGE 11.20.2025	11-20-2025			26.41	1:09.50				
JM Holiday Classic	12-20-2025	2:17.66					6:18.43		
Judge @ Murray	01-08-2026			26.84					
East, Rowland Hall, So	01-15-2026			26.93	1:08.87				
Judge @ PC 25-26	01-22-2026			26.02		1:00.41			
Region 10 Championship	01-31-2026	2:15.40					6:06.07		

2022-2023 2023-2024 2024-2025 2025-2026

