

# Abigail Nelson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times				31.29				1:23.13	
Pre-Region Meet - copi	11-01-2025			30.04		1:09.94		1:21.53	
2025 Nebo Invitational	11-08-2025			30.34				1:21.99	
MMHS vs PHS vs SHHS	11-13-2025			30.69		1:10.84		1:22.99	
2025 Thanksgiving Invi	11-21-2025			30.68		1:10.62			
2025 CV Invite	12-05-2025			30.89		1:08.95			
Salem, SF, TV @pg	12-10-2025			31.21		1:10.82			
SHS Holiday Invite	12-20-2025			30.96		1:09.73			
Salem Hills vs Springv	01-08-2026			30.59		1:09.66			
Salem Hills vs SF, PG	01-15-2026			29.80					1:28.47
Region 7 Swim Champion	02-07-2026			29.77					1:26.66

2022-2023 2023-2024 2024-2025 2025-2026

