

# James Whelan

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:30.26	2:46.01	28.23		1:05.95			1:26.41
2024-2025 Best Times		2:36.15	2:43.66	28.13		1:01.43	6:39.44	1:15.16	1:23.56
Mustang Invite	11-01-2025			28.06				1:12.37	
Greg Fernley Invite 20	11-07-2025		2:38.25			1:05.42			
Region Invite 2025	11-21-2025	2:25.34							
Bingham Invitational	11-22-2025			27.14					
North Region Invitatio	12-12-2025					1:02.73			1:20.88
Orem v Ridgeline	12-19-2025	2:27.99						1:12.87	
SHS Holiday Invite	12-20-2025			26.87		1:01.77			

2022-2023 2023-2024 2024-2025 2025-2026

